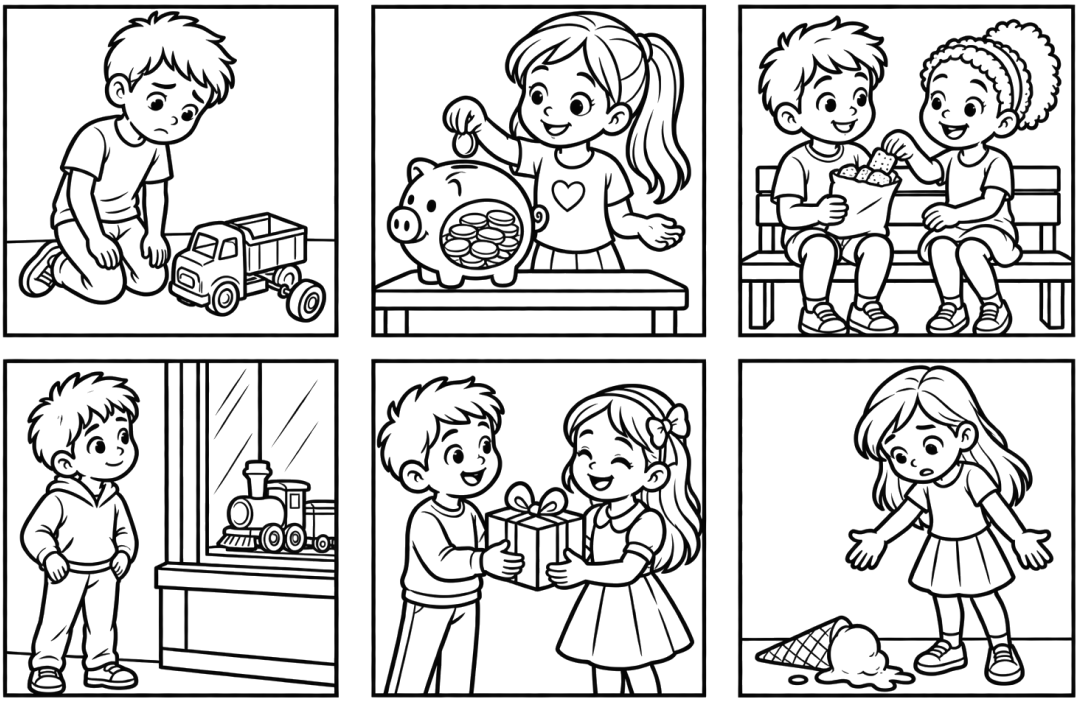
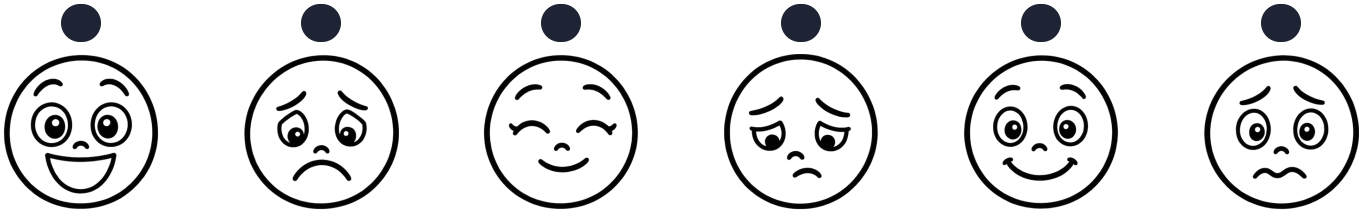
How Does It Feel?

Name _____ Date _____

Look at each money moment. How would YOU feel? Draw a line from the picture to a face. Then color!





excited sad proud disappointed happy worried

MY MONEY CHOICE

Draw a money choice that made YOU happy.

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How Does It Feel?

The quick lesson (read aloud, about 1 minute)

> Money choices give us **feelings**. Saving up for something can make us feel **proud**. Losing or breaking something we bought can make us **sad**. Sharing can make us **happy**. All feelings are OK. Noticing them helps us make choices we feel good about.

Two teaching points

1. Every money choice comes with a feeling.
2. Naming the feeling helps us choose better next time.

Answer key

Feelings are personal, so many answers work. Common matches: broken toy → sad · full piggy bank → proud · sharing a snack → happy · toy in the window with empty pockets → disappointed or worried · giving a present → happy or excited · dropped ice cream → sad. Ask: "Why did you pick that face?"

10-minute run

1. Talk about each picture: what happened?
2. Match each one to a face.
3. Draw your own happy money choice.

Ask

"How did saving up feel? How did losing something feel?"

Goal

Money choices come with feelings. Naming the feeling helps us choose next time.

Take it further

Read a picture book about wanting something and waiting. Ask: how did the character feel at the start and at the end?

Standard: National Standards for Personal Financial Education (Council for Economic Education and Jump$tart), area: **Spending**. Print double-sided: the activity on the front, this teaching side on the back.

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